

H.O.P.E. Discovery

Bible Study

Overcoming Fear

OVERCOMING FEAR

MATTHEW 6:25-34

LUKE 8:22-25

PSALM 23

ROMANS 8:28-39

PHILIPPIANS 4:4-9

ROMANS 12:1-2

PSALM 91

JOHN 15:1-8

1 PETER 5:6-11

EPHESIANS 6:10-18

H.ear from God

- Read the Passage
- Write it in your own words

O.bserve

- What stands out to you?
- What do you learn about God/Jesus?
- What do you learn about people?

P.ractice what it says

- If this is God speaking, what specifically can you do to live it out?
- Create an "I WILL Statement"

I WILL: _____

E.ncourage someone else

- Whom are you going to tell about what you discovered?

How to Read the Bible: Tips as You Begin

- Find a physical copy or Download an App: Try the **YouVersion Bible App**
- Choose a contemporary translation (try **NLT** or **NIV**)
- Use the Table of Contents (or scroll through on your phone) to locate the Book (i.e Genesis, John, Ephesians, etc)
- The first number references the chapter title, the second number(s) represent the verses
- Read the passage a couple times. Try to really sit in it as you spend time answering the Discovery questions
- Focus more on application than necessarily understanding every little piece of the story. Don't get discouraged if you don't understand everything
- As you dive deeper into the Bible, check out an app that explains some of the background of the books. Try bibleproject.com or use the **ReadScripture app**
- Gather others in your family or friend circle and discover this together. It's amazing what a group of people can learn together!